

Dementia, those over 50 with chronic diseases are at greater risk

British researchers observed over 10,000 people for 30 years. And they found that those who suffer from two chronic conditions, such as diabetes, hypertension, depression or lung disease, are much more likely to develop dementia later in life

02 FEBRUARY 2022

Having two or more chronic conditions - such as hypertension, diabetes, coronary heart disease, depression and chronic lung disease - occurring in middle age is a major risk factor for dementia. This is what was reiterated by British researchers, authors of a large study on over 10 thousand adults and published in BMJ.